

CONTACT INFORMATION

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Course Description

You will examine the philosophical bases, strategies and skills of several models of brief counselling such as problem solving and solution focused counselling. Particular attention will be given to the practical techniques of each model. The class includes an emphasis on the integration of these models within your theological perspective. This course is particularly useful to time limited counsellors such as the clinical and pastoral counsellors, chaplains, crisis counsellors and people involved in missionary member care. Prerequisite: CNC 6400 (Counseling Techniques) or equivalent.

Course Objectives:

1. The student will understand the background counseling theories to Brief Counseling and will be able to articulate them in class discussion and activities.
2. The student will learn Brief and Solution-focused counseling skills and be able to demonstrate these skills both in class triads and on taped competencies.
3. The student will understand the theological and biblical perspective on how and why a counselor can and should use Brief techniques.
4. The student will practice with his or her partner in order to strengthen Brief Counseling skills and will demonstrate the amount of practice on a counseling log. The student will learn how to make a Single Session Therapy case and effective way of doing counseling and will demonstrate that skill on a competency or class presentation.

Course Requirements: 135 hours:

1. The student will log 40 hours of practice with a partner or client.
2. The student will complete 40 hours of practice and log those hours.
3. The student will complete all of the reading.
4. The student will prepare for and complete successfully three competencies as assigned. Rubrics for each competency will be given out in class.
5. The student will submit a two page personal evaluation of his or her skills:
 - Strengths
 - Weaknesses
 - Plan to grow in areas of weakness
 - How and with whom the student plans to use Brief Counseling skills

Class Schedule:**January**

1. 28	Introductions/Syllabus How Brief Counseling is different from major Counseling theories	BB ch. 1
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February

2. 4	Basic Attending Skills Early skills	SS ch. 1 & 2 BB ch. 2
3. 11	Empathizing and caring, bonding with the client	BB ch. 3
4. 18	Forward movement and goal setting Keeping track	BB ch. 4 SS ch. 3
5. 25	Change of perspective through reframes	BB ch. 5

March

6. 4	Worldview deconstruction Miracle question and encouragement	BB ch. 6 Comp. #1
7. 11	Story and Metaphor	BB ch. 7
8. 18	No Class: Spring Break	
9. 25	Story and Significance Strength focus and Meaning	BB ch. 8 SS ch. 4

April

10. 1	Classroom Practice	
11. 8	Neurology and the Upper and lower brain	BB ch. 9 Comp. #2
11. 15	Brief counseling skills in a crisis	BB ch. 10
12. 22	Reflection Taking a break	BB ch. 11 SS ch. 6
13. 29	Brief attitudes Stages and termination	SS ch. 7 BB ch. 12

May

14. 6	Brief counseling vs. depth psychology Involuntary clients	BB ch. 13
15. 13	Other Brief approaches	BB ch. 14 SS ch. 5 Comp. #3 Logs Due

Required Textbooks:

Presbury, J., Echterling, L., and McKee, J. Edson. *Beyond Brief Counseling and Therapy*. Columbus, OH: Pearson Prentice Hall, 2008.

Talmon, Moshe. *Single Session Therapy*. San Francisco: Jossey-Bass Inc., 1990.

Grades/hours:

3 competencies 20 pts. each	60pts	15
Reading completed 450 pgs.	10	25
Logs	15	40
Self evaluation	15	5
Class		50 hours = 135 hours

Attendance Policy:

More than two (2) absences will result in a failing grade for the semester.

Confidentiality Statement

All students will be expected to adhere with the ethical standard of confidentiality. Everything that is shared in class is considered privileged, and as such must be guarded. Students will also be asked to return all documents with client information to the presenting intern as part of insuring client's privacy.

Logs

Students will use the enclosed log sheets in order to record practice using Brief skills.

Students with Disabilities

Students with physical, emotional, ADD, or learning disabilities needing academic accommodations should make requests through the office of Academic & Disability Services. These requests will be kept confidential and will be used only to provide academic accommodations. Because many accommodations require early planning, requests should be made as early as possible. The Academic Success Center office is located on the first floor of Rossi Student Center or you may contact the Academic Success Director at 807-5612 or academicservices@ciu.edu

Plagiarism

CIU SSM expects you to be honorable in your studies and responsible for your own academic work. Dishonesty in assignments, examinations, written papers, or other work is contrary to scriptural principles of Christian living and an affront to fellow students and your instructors. Plagiarism occurs when you present another person's ideas or words as your own, or when you intentionally or unintentionally fail to acknowledge or cite the source of the ideas you use.

Acknowledging and citing sources involves placing quotation marks around all the material you have taken (or paraphrased) from books, articles, internet sites, other students' papers, or other work you have not personally produced. It also involves listing full information about that source in a footnote or a parenthetical reference. See the *SSM Stylesheet* for examples of how to cite sources correctly.

Specific examples of plagiarism include but are not limited to the following:

1. Borrowing the words, sentences, ideas, conclusions, examples and/or organization of an assignment from a source (e.g., a book, an article, another student's paper, a tape/video, an internet site) without acknowledging the source.
2. Submitting work done by another student—in part or in whole—in place of original work.
3. Submitting assignments received from the Internet, from commercial firms or from any other person or group.
4. Knowingly aiding another student in plagiarizing an assignment as defined above.

You may not submit work that is part of a group consultation unless it is related to an assignment your syllabus specifically indicates is to be completed as part of a group. If you study for an exam with a review group, you may not reproduce any answers that others have written and submit it as your own work. You may not share with others answers to exam questions you have composed in advance. Any of these actions will be considered plagiarism.

Plagiarism will result in academic penalty, and may result in failure in the assignment, failure in the course, and further disciplinary action. When appropriate, your Student Life chaplain will be informed.

Students are expected to uphold the highest standards of academic integrity with regard to their own work, and as part of the university community, to support and confront others in maintaining a humble and godly sense of service, worship, and academic integrity.

Plagiarism (defined as three or more words), regardless of intent, is the presentation of words or ideas of another as one's own. When words, sentences, ideas, conclusions, examples, and/or organization of an assignment are borrowed from a source (a book, an article, another student's paper, tapes, etc.) without acknowledging the source, this constitutes plagiarism.

Plagiarism and cheating will result in academic penalty, which may include failure of the assignment or of the course. Further disciplinary action may also result. If a student self-reports impropriety or cheating, the situation can be better assessed and ameliorated on a case-by-case basis.

This syllabus may be changed without prior notice.

